# Snorkeller Swim & Rescue Assessment

**For Research Snorkellers, Snorkel Guides and Snorkel Coordinators, Expiry: 12 months**

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## Macquarie University Research Snorkeller / Snorkel Guide / Snorkel Coordinator

- Swim 200m without swimming aids (<5min) ___
- Swim 800m continuously with snorkelling gear (<19min) ___
- Tow or push a tired snorkeller with snorkelling gear for 200m (<6min) ___

## Alternative evaluations

- Swim: Aids_______________________________________ Distance (m)___________ Time (min) ______
- Rescue: Aids______________________________________ Distance (m)___________ Time (min) ______

## UDO / Delegate only

Approved by:____________________________________

Approved as:

- Research snorkeller
- Snorkel Guide
- Snorkel Coordinator

Notes: 

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*Macquarie University Swim Assessment and Snorkeller Tow Form* 2018-June